

GRIZZLIES PREP 2018-19 SPORTS FAQ

- Scholars **MUST** have 4 documents (consent form, sports physical, SCA, Concussion) on file in school office **BEFORE** arriving at practices. Please return 4 documents to school office. Wed. Sept 5 sports activities start. All documents are located in front of school office and web site.

AQUATICS Mr. Eddie Walsh (630) 945-7252	BASEBALL Co-op with Humes MS Coach Michael Young (901) 647-2902	BASKETBALL Coach Troy Simelton (901) 474-0955	FOOTBALL Co-op with Humes Coach Chaz Wiseman (901) 310-0431
Practices are held at the Bickford Aquatic Center - 235 Henry Ave. Parents provide rides to practices.	Practice location is Humes MS 659 North Manassas Street 38107. Parents provide rides.	Practice location is JIFF (254 S. Lauderdale). Parents provide rides to practices and games.	Practice location is Humes MS 659 North Manassas Street 38107. Parents provide rides.
Grizzlies Prep student-athletes must have their sports physical on file at the school before attending practice.	Grizzlies PREP scholars MUST have sports physical before getting on field.	SPORTS Physicals will NOT be accepted during the check - in process at gym.	Grizzlies PREP scholars MUST have sports physical before getting on field.
Practices run from 4:15-5:30. Practices will take place on Tuesdays, Thursdays, and Fridays. Platinum swimmers will go each day, Gold swimmers will receive lessons on Tuesdays or Thursdays. We will provide swim equipment and goggles. Families provide rides to/from practice, swimming trunks, and a towel. Meets occur in November through January.	Grizzlies PREP baseball sign-ups are on going until Feb. 2019. Tryouts will be set and posted at a later date. Humes will provide practice gear and uniforms. Pls purchase your own cleats.	Supervised free play, "open gym". Please wear basketball shoes, shorts, and t-shirt. Wed. Sept 5 & 12 at 2:15 pm – 5:15pm Thurs. Sept 6 & 13 at 4:15pm – 5:45pm Mon. Sept 10 at 4:15pm – 5:45pm Sept 17,19,20 : Conditioning Sept 24,26,27 :Tryouts Sept 28 – 30 : Rosters set Mon. Oct 1 : practices starts Each team will have up to 14 players	July 23: football tryouts / practice have started. Mon. Tues. Thurs. 4:30- 6:30pm Fri. 4:30 – 6:00pm Humes will provide practice gear and uniforms. Pls purchase your own cleats. SCIAA MS first game Wed. Aug. 15
Tryouts are on Tuesday, Sept. 4th. Student-athletes will be assigned to the platinum team (competitive team) or gold team (swim lessons)		5 th : separate tryouts 6 th & 7 th : combined tryouts 8 th : separate tryouts	Coach Marquino Douglass 901-496-0190 5 th grade football team. LEC Cowboys

Notes :