

Monday, August 27, 2018



Details for Grizzlies PREP basketball

Parents are asked to provide transportation and pick –up at 5:45pm

Directions from Grizzlies PREP (901-474-0955) to JIFF 254 S. Lauderdale (901-522-8502)
3 min (1.1 miles)

- Head east on Jefferson Ave toward N B.B. King Blvd
0.2 mi
- Turn right to merge onto N Danny Thomas Blvd
0.7 mi
- Turn left onto Doctor M.L.K. Jr Ave / Linden Ave
0.2 m
- Turn left onto S Lauderdale St

- **Required completed forms: sports physical, (SCA) Sudden Cardiac Arrest, Concussion and Consent must be on file in school office before getting on the court.**
- Open gym - is “free play” basketball where the coaches act in a supervisory capacity only. Student – Athletes can compete in a “no – pressure” basketball atmosphere.
Attendance by the student-athlete is optional, but not required.
- Conditioning- is physical training consisting of running, jumping and other aspects needed to compete in basketball to prepare the athlete before try-outs.
Attendance by the student-athlete is optional, but not required.
- Try-outs / Practice – Any interaction between a coach and student-athlete(s) where instruction, teaching, coaching, etc., is occurring. *Attendance by the student-athlete is required.*

Date / Description	5th grade	6th grade / 7th grade	8th grade
Wed. Sept 5 / Open Gym	2:15 - 3:15pm half court games	3:25-4:25pm half court games	4:30 - 5:30pm half court games
Thurs. Sept 6 / Open Gym	No activity	4:15 pm- 5:00pm Half court games	5:00 – 5:40pm Half court games
Mon. Sept 10 / Open gym	No activity	4:15 pm- 5:00pm Full court games	5:00 – 5:40pm Full court games
Wed. Sept 12 / Open gym	2:15 - 3:15pm Full court games	4:15 - 5:00pm Full court games	5:00 – 5:40pm Full court games
Mon. Sept 17 / Conditioning	No activity	4:15 pm- 5:30pm	4:15 pm- 5:30pm
Wed. Sept 19 / Conditioning	2:15 - 3:15pm	3:30-5:30pm	3:30-5:30pm
Mon. Sept 24 / Try-outs	No activity	4:15 pm- 5:00pm	5:00 – 5:40pm
Wed. Sept 26 / Try-outs	2:15 - 3:15pm	4:15 pm- 5:00pm	5:00 – 5:40pm
Thurs. Sept. 27 / Try-outs	No activity	4:15 pm- 5:00pm	5:00 – 5:40pm
Fri. Sept 28 & Sat. Sept 29	Parents will get text with practice time and dates.		
Mon. October 1	Practice starts		